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To: All San Bernardino County Medi-Cal PCPs
From: IEHP – Provider Communication
Date: May 23, 2025
Subject: **Measles 2025: The State of the Outbreak Webinar**

To support your work and continued learning, we'd like to share an upcoming **free webinar** hosted by the **American Public Health Association (APHA): "Measles 2025: The State of the Outbreak."**

This session will cover:

- How measles spreads
- Symptoms and treatment
- Strategies for prevention and containment
- Public health impact of declining immunization rates

Event Details
Date: Tuesday, May 27, 2025
Time: 1:00 PM PST
Register here: [Register Now Free Webinar - Measles 2025: The State of the Outbreak](#)

San Bernardino County has an MMR vaccination rate of 93.7% for kindergarteners, which is below the state average of 96.1%, with some schools as low as 14.6%. Clinicians should prioritize vaccinations to achieve herd immunity and establish airborne precautions for patients showing measles symptoms to prevent exposure.

MMR Vaccination Recommendations	
Children	Adults
<p>Routine Vaccination:</p> <ul style="list-style-type: none"> ○ 1st dose: 12–15 months ○ 2nd dose: 4–6 years (can be given 28 days after 1st dose) <p>Vaccine Options:</p> <ul style="list-style-type: none"> ○ MMR or MMRV (measles/mumps/rubella/varicella) ○ Separate MMR and varicella recommended for ages 12–47 months <p>MMRV 2nd Dose:</p> <ul style="list-style-type: none"> ○ At least 3 months after 1st dose, allowed up to 12 years <p>Travel Recommendations:</p> <ul style="list-style-type: none"> ○ Vaccinate 2-3 weeks before travel ○ Infants 6-11 months: 1 early MMR dose (not part of routine series) ○ Children 12 months+: complete 2-dose series (4 weeks apart) 	<ul style="list-style-type: none"> • Should have 1 or 2 doses unless there's presumptive immunity (e.g., documented vaccinations or past infection). • No need for routine screening in non-outbreak areas. • No catch-up second dose recommended for adults born before 1989.

Measles testing should involve nasopharyngeal swabs and urine specimens, and suspected cases must be reported to the San Bernardino County Department of Public Health.

If you have any questions, please contact the IEHP Provider Call Center at (909) 890-2054, (866) 223-4347 or email ProviderServices@iehp.org.

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